



OUR RULE Infants sleep alone, on their back, in an empty crib. Look at the child, then write the row. Never fill in a check before it has been made. If you find an infant who cannot roll independently on their stomach, return them to their back and record the time.

DATE	ROOM	STAFF ON DUTY IN THIS ROOM	CHECK INTERVAL
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SLEEP CHECKS

Position found: **B** back · **S** side · **ST** stomach, returned to back

[illegible][illegible]

CRIB AND ROOM CONDITIONS, CHECKED AT THE START OF EACH NAP

- ☐ Nothing in the crib
 - ☐ Sheet tight and fitted
 - ☐ Nothing hanging above
 - ☐ Room temperature comfortable
 - ☐ Room light enough to see faces
 - ☐ Monitor on, if used

NOTES, REPOSITIONING, OR ANYTHING UNUSUAL



REVIEWED BY (LEAD TEACHER OR DIRECTOR)

DATE

Keep this sheet in the infant room while it is in use, then file it at the end of the day. Print a second sheet if the day runs longer than the rows allow. In the app, a sleep check carries its own time and the staff member who logged it.